

JCS BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh fruit and vegetables used</p> <p>Price: Students K-12 Free Adult: \$2.80</p>		<p>Fruit 1 Juice Bk. Parfait Cereal Toast Jelly Milk</p>	<p>Fruit 2 Juice Mini Waffles Syrup Cereal Toast/ Jelly Milk</p>	<p>Fruit 3 Juice Egg & cheese on an English Cereal English/ Jelly Milk</p>
<p>Fruit 6 Juice French toast Syrup Cereal Toast Jelly</p>	<p>Fruit 7 Juice Yogurt Cereal Muffin Milk</p>	<p>Fruit 8 Juice Bagel w/ cream cheese or peanut butter Cereal English/ Jelly Milk</p>	<p>Fruit 9 Juice Breakfast bowl Cereal Toast Jelly Milk</p>	<p>Fruit 10 Juice Pancakes Syrup Cereal Toast Jelly Milk</p>
<p>Fruit 13 Juice Breakfast pizza Hash brown Cereal Toast/ Jelly Milk</p>	<p>Fruit 14 Juice Scrambled eggs Cereal Toast Jelly Milk</p>	<p>Fruit 15 Juice Waffles Syrup Cereal Toast/ Jelly Milk</p>	<p>Fruit 16 Juice Fruit Smoothies Cereal Muffins Milk</p>	<p>Fruit 17 Juice Bacon & cheese on a bagel Cereal English/ Jelly Milk</p>
<p>Fruit 20 Juice Sausage gravy over biscuits Cereal Toast/ Jelly Milk</p>	<p>Fruit 21 Juice Choice of cereal Toast Jelly Milk</p>	<p>Fruit 22 Juice Bacon Bk. Wrap Cereal English Jelly Milk</p>	<p>Fruit 23 Juice Mini Cinnamon rolls Cereal Toast/ Jelly Milk</p>	<p>No School! 24</p>
<p>27</p>	<p>Fruit 28 Juice Breakfast pizza Hash brown Cereal English/ Jelly Milk</p>	<p>Fruit 29 Juice Mini French toast / syrup Cereal Toast / Jelly Milk</p>	<p>Fruit 30 Juice Bagel w/ cream cheese or P.B. Cereal English/ Jelly Milk</p>	<p>Fruit 31 Juice Breakfast bowl Cereal Muffins Milk</p>

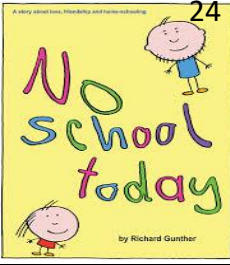

BREAKFAST MENU IS SUBJECT TO CHANGE WITHOUT NOTICE





2024
JCS LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All bread products are whole grain enriched Nondairy and Gluten Free options available	Juice is offered daily along with fruit for grades 9-12 Sandwiches & Salads are made daily as part of the lunch option	Italian Dunkers Pasta Vegetables Fruit Juice	Chicken Nuggets Rice Vegetables Muffins Fruit Milk	Hot dogs Potato puffs Vegetables Fruit Milk
Chicken Ravioli 6 In alfredo sauce Vegetables Biscuits Fruit Milk	Hamburger Am. Cheese Smiles Vegetables Fruit Milk	Cheese pizza Vegetables Muffins Fruit Milk	Chicken tenders Rice Vegetables Muffins Fruit Milk	Philly beef Steak sandwich French fries Vegetables Fruit Milk
Chicken Patty Rice Vegetables Fruit Milk	Tacos L,T French fries Rice Fruit Milk	Hot dog On a bun Pasta Vegetables Fruit Milk	Chicken Caesar salad Bread sticks Fruit Milk	Meatball sub Baked chips Vegetables Fruit Milk
Turkey Sub L,T,O French fries Fruit Milk	Popcorn Chicken Mac & cheese Vegetables Fruit Milk	Cheese or Buffalo ranch chicken pizza Vegetables Muffins Fruit Milk	Hamburger Am. Cheese Potato puffs Vegetables Fruit Milk	
	Bacon cheese Dreams Smiles Vegetables Fruit Milk	Chicken Nuggets Rice Vegetables Muffins Fruit Milk	Tomato soup Toasted cheese Sandwich Vegetables Fruit Milk	Dorito Nachos Cheddar cheese Fruit Milk

Lunch menu subject to change without

