





JCS BREAKFAST

	•	JCS BREAKFAST		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh fruit and		Fruit 1	Fruit 2	Fruit 3
vegetables used	6-0	Juice	Juice	Juice
		Bk. Parfait	Mini Waffles	Egg & cheese on
Price:	7.99	Cereal	Syrup	an English
Students K-12		Toast	Cereal	Cereal
Free		Jelly	Toast/ Jelly	English/ Jelly
Adult: \$2.80		Milk	Milk	Milk
Fruit 6	Fruit 1 7	Fruit 8	Fruit 9	Fruit 10
Juice	Juice Yogurt	Juice	Juice	Juice
French toast	Cereal Muffin	Bagel w/ cream	Breakfast bowl	Pancakes
Syrup Cereal	Milk 🤐 🔍	cheese or	Cereal Toast	Syrup Cereal
Toast Jelly		peanut butter	Jelly Milk	Toast Jelly 😱
		Cereal		Milk
		English/ Jelly		
		Milk		
Fruit 13	Fruit 14	Fruit 15	Fruit 16	Fruit 17
Juice	Juice	Juice	Juice	Juice
Breakfast pizza	Scrambled eggs	Waffles	Fruit Smoothies	Bacon & cheese
Hash brown	Cereal (1997)	Syrup	Cereal	on a bagel
Cereal	Toast	Cereal	Muffins ————————————————————————————————————	Cereal
Toast/ Jelly	Jelly	Toast/ Jelly	Milk	English/ Jelly
Milk	Milk	Milk		Milk
Fruit 20	Fruit 21	Fruit 22	Fruit 23	Na Caba 24
Juice	Juice	Juice	Juice	140 2C11001;
Sausage gravy	Choice of cereal	Bacon Bk. Wrap	Mini Cinnamon	1. 1. 1. 1. 1. 1. 1. 1.
over biscuits	Toast	Cereal	rolls	
Cereal	Jelly 💮	English	Cereal	
Toast/ Jelly	Milk	Jelly	Toast/ Jelly	
Milk		Milk	Milk	
27	Fruit 28	Fruit 29	Fruit 30	Fruit 31
	Juice	Juice	Juice	Juice
***	Breakfast pizza	Mini French	Bagel w/ cream	Breakfast bowl
MENUDINI	Hash brown	toast / syrup	cheese or P.B.	Cereal
IVILIVIONIA	Cereal	Cereal	Cereal	Muffins
DAY	English/ Jelly	Toast / Jelly	English/ Jelly	Milk
	Milk	Milk	Milk	







2024 JCS LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All bread	Juice is offered	Italian 1	Chicken 2	Hot dogs 3
products are	daily along with	Dunkers	Nuggets	Potato puffs
whole grain	fruit for grades 9-	Pasta	Rice	Vegetables
enriched	12 Sandwiches &	Vegetables	Vegetables	Fruit
Nondairy and	Salads are made	Fruit	Muffins	Milk
Gluten Free	daily as part of	Juice	Fruit	
options	the lunch option	Manager A Constitution of the Constitution of	Milk	- 0
available			-	Y. W. GO
Chicken Ravioli	Hamburger 7	Cheese pizza 8	Chicken tenders 9	Philly beef 10
6	Am. Cheese	Vegetables	Rice	Steak sandwich
In alfredo sauce	Smiles	Muffins	Vegetables	French fries
Vegetables	Vegetables	Fruit	Muffins	Vegetables
Biscuits O	Fruit	Milk Occ	Fruit	Fruit
Fruit	Milk		Milk	Milk
Milk W				
Chicken	Tacos 14	Hot dog 15	Chicken 16	Meatball sub 17
13	L,T	On a bun	Caesar salad	Baked chips
Patty	French fries	Pasta	Bread sticks	Vegetables
Rice	Rice	Vegetables	Fruit 💮	Fruit
Vegetables	Fruit	Fruit	Milk	Milk
Fruit Milk	Milk •	Milk —		7
Turkey Sub 20	Popcorn 21	Cheese or 22	Hamburger 23	2/1
L,T,O	Chicken	Buffalo ranch	Am. Cheese	A story about loss, timedating and resources about
French fries	Mac & cheese		Potato puffs	112
Fruit	Vegetables	chicken pizza.	Vegetables	100 1
Milk	Fruit	Vegetablés	Fruit	School
Willik	Milk	Muffins	Milk	today
		Fruit		
		Milk Milk		by Richard Gunther
27	Bacon cheese 28	Chicken 29	Tomato soup 30	Dorito 31
	Dreams	Nuggets	Toasted cheese	Nachos
	Smiles	Rice	Sandwich	Cheddar cheese
Menta Bay	Vegetables	Vegetables	Vegetables	Fruit
₩ M\ ₩ 🍄	Fruit	Muffins	Fruit	Milk
→ → →	Milk	Fruit	Milk	
~		Milk		\sim

